

I Am Bigger!

MY DRAWING BOOK



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Empowering Kids for Confident and Connected Lives



Hi! I'm Andy, and I'm a lot like you! When I was a baby my family had to do everything for me, but now I'm really excited about being able to do more and more things on my own!

It can be frustrating when I still can't do **everything**, though, because I'm not all grown up yet. But you know what? **That's okay!** Soon I won't need any help at all.

Do you like to draw? I do! Let's do some drawing together about how we are bigger!

1

I am bigger at home!

Draw a picture of a time when you did something new on your own at home.

Did you clear the dinner table? Make your bed? Put away your clothes? Button up your shirt? Feed or brush your pet?





I am bigger at school!

Draw a picture of a time you learned something new at school, at church or with a family member.

Did you write your own name? Learn a new song? Match animals to where they live? Start to use safety scissors? Count to 20?





I am bigger with friends!

Draw a picture of something you can do with your friends now that you used to not be able to do.

*Can you play Candy Land or Go Fish? Build a blanket fort?
Decorate cookies? Build a house with blocks?*



4

I am bigger at the park!

Draw something at the park that you can do now that you are bigger.

Can you swing in the tire swing? Climb up a net? Use the rubber seat swing? Go down the big slide?



5

I am bigger, but **it's okay** to still need help!

Draw a picture of something you are not able to do on your own yet and you still need a grown up's help. When you are bigger, you'll be able to do it all by yourself!

*Do you still need help brushing your teeth? Cutting up food?
Choosing the right clothes for the weather? That's okay!*

